



EASTERN IOWA - WESTERN ILLINOIS

Trauma-Informed Care CONSORTIUM



<http://www.famres.org/tic.html>

Consortium Mission: The Eastern Iowa – Western Illinois Trauma Informed Care Consortium provides a comprehensive trauma-informed community for individuals, children and families through outreach, education, training and support.

Consortium Theory of Change: The understanding, treatment and reduction of Adverse Childhood Experiences (ACEs) leads to improved long-term well-being for children and families.

"Consortium Connection Meeting Minutes"

Date: March 26, 2015

Time: 12:00pm to 1:30pm

Location: United Way of the Quad Cities

Program:

Welcome and Introductions

Present: Nancy Maday, Kelly Bush, Sonia Kersevich, Jacqui Plumb, Stacy Griffith, Mollie Nickerson, Kendra Schaapveld, Leslee Cook, Christine Gradert, Mindy Foltz, Judy Collins, Angie Kendall, April Berthiaume, Katie Van Blair, Pat Barnes, Alyssa Acton, Brooke Barnes, Diane Martens, Candice Chaloupka.

Focus Areas:

Community Education

- **Training Update**

Angie Kendall

In the first five months of Grant Year 2015 the Consortium has trained 1039 people. Last year a total of 1200 people were trained. Requests continue to come from a variety of entities including: schools, higher education, physician groups, substance abuse centers, early childhood providers, etc.

- **Train the Trainer Plan**

Angie Kendall

The *Train the Trainer* Plan is on track. Adam Vilmont is preparing a Trainer Evaluation document to assist in new Trainer development. If you have already expressed interest in becoming a Trainer, please look for email correspondence the *week of April 12th on next steps.*

- **Lemonade for Life**

Christine Gradert

Nicole Barnes is working with Janet H. at IDPH to bring the Lemonade for Life

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curriculum to Scott and Rock Island County. Nicole will be attending a Train the Trainer session in May. This curriculum was developed specifically to help communities begin talking to parents and caregivers about Adverse Childhood Experiences.

Community Competency

- **Data Mapping**

Jacqui, Kelly, Sonia, Stacey, Adam

The Consortium is fortunate to have a talented group of St. Ambrose students assisting us in data mapping our training efforts. Jacqui, Kelly, Sonia and Stacey, provided a live look at a computer based module they have developed to track where the Consortium has trained in Scott and Rock Island County. The students hope to add an additional layer of detail by color coding the markers to identify the intensity (or number of hours) of training provided. This asset map will help the Consortium identify where we have trained and where we need to focus our future efforts. The goal is to place the map on the Consortium webpage as a resource for all to use.

- **Midwest ACEs Symposium**

Christine Gradert

On behalf the Consortium, Christine attended the Midwest ACEs Regional Summit on March 12 and 13th in Chicago. This workshop was held to bring together individuals across several Midwest states to learn more about ACEs and share ideas on implementation of early brain neurobiology. Illinois leadership for TIC/ACEs hosted this conference and provided the first Illinois report on ACEs data from the Behavioral Risk Factor Surveillance System. The information is available at a regional level at this time. For more information, please go to <http://www.hmprg.org/Events/2015ACEsSummit> and click on ACE Brochure.

- **Robert Wood Johnson (RWJ) QCHI Culture of Health**

Christine Gradert

The Quad Cities region was chosen as a finalist for the third annual RWJF Culture of Health Prize. This award recognizes communities whose efforts illustrate commitment toward building a Culture of Health for all residents. Selected from more than 340 communities across the country, the Quad Cities joins 14 other finalist communities. The Consortium is honored to have been included as one aspect of our community's efforts in the application process. Winners will be announced this fall.

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Family Empowerment

- **Family Panel Legislative Work**

Christine Gradert

Christine reported that Adam has been actively working to support the Family Panel's advocacy efforts during this legislative session. Representatives Linda Miller and Cindy Winkler attended a legislative luncheon hosted by Family Resources for the Scott County Family Panel. This forum provided families direct access to voice their concerns and suggestions regarding services available to children with mental health needs. In follow up to the meeting, Family Panel members were encouraged to write letters to the Representatives and a letter summarizing the Panel's suggestion was also submitted to the Legislators by Adam and Christine.

- **Search Work**

Angie Kendall

The Consortium wrapped the first phase of our work with CFGRB and Search Institute in late December. This phase entailed completion of a survey for 6-12th graders and their caregivers, with a focus on developmental relationships. Research data from Search is due out next week for initial review. CFGRB, Search, and the Consortium are strategizing on next steps to explore how we will use data from the survey to direct future community work that supports youth and family voice. Consortium Partner Agencies who assisted in the project will receive more information in the coming weeks.

- **Family Panel Conference**

Molli Nickerson

Scott County Kids, **4th Annual Family Conference "Smashing Stigmas through Hope and Opportunity"** will be held on Saturday, May 23rd at the Rogalski Center. The Conference is free for Scott County families. The morning Keynote session will be on TIC/ACEs, followed by afternoon break-out sessions including: How to Support the Provocative Victim in Bullying Situations, Healing through the Senses, Suicide/Self-harm, and Self-Care for Parents. For more information please contact Jesse Mumm at, jesse.mumm@scottcountyiowa.com

- **Scott County Kids Universal Screening**

Molli Nickerson

The continued roll out and expansion of Universal Social-Emotional Screening (using the Strengths and Difficulties Questionnaire) is currently underway.

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Preparations for the 2015/2016 school year include additional 4th grade classrooms from Pleasant Valley, North Scott, Bettendorf and Davenport Districts.

Marketing & Messaging

▪ **New Messaging Piece**

Angie Kendall

The Messaging/Marketing Team has created a new brochure designed to expand our community education efforts. The brochure was designed for parents and the general public and includes information on ACEs and Resiliency. Stacey Griffith has generously agreed to host the Consortium table at the upcoming Summer Expo at the RI Arsenal where this messaging piece will be introduced to the public. Thank you Stacy!

▪ **Family Focus Magazine**

April – Child Abuse Prevention Month

Angie Kendall

The Consortium is developing an article and info-graph, “25 Ways You Can Improve Your Community & Protect Kids,” for the Family Focus magazine. There are many prevention events occurring in April that all are encouraged to attend. Please go to the Child Abuse Council’s Facebook Page and website for more information (www.childabuseqc.org) and don’t forget to Wear Blue on April 10th for Blueout day!

May – Mental Health Awareness Month

Christine Gradert

The Consortium will be placing an article and info-graph on ACEs and children’s mental health in the May issue of Family Focus magazine. The Consortium is also working to initiate some small awareness events in May to draw attention to children’s mental health.

Mechanisms for Change

▪ **Institute for Clinical and Translational Science(ICTS)**

The Consortium and ICTS are participating in a leadership group along with several other IA groups, to develop a state wide structure and framework to promote ACEs/TIC work occurring across the state. This group is planning a small late spring or early summer workshop to gather leaders across the state to develop next steps to move the work forward.

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▪ **United Way Connections**

Angie and Christine

The Consortium and the United Way of East Central Iowa (Cedar Rapids Area) and the United Way of the Quad Cities Area will be meeting in April to discuss how are two communities have developed ACEs/TIC strategies on the Eastern side of the state and learn from each communities efforts.

What **Action Steps** will be taken before the next meeting? N/A

Next Meeting Date: **May 28, 2015 from 12pm to 1:30pm at United Way.**
Lunch will be provided.

For more information on Consortium activities, please contact:

Christine Gradert at cgradert@famres.org or
Angie Kendall at angiek@childabuseqc.org

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